

# RVMS Learning Suggestions

Week 9 – June 8 - 12

## Grade 7 FI

Literacy	Numeracy
<p>See Attachment titled <a href="#">LA Week 9</a> for further instructions on the activities listed below:</p> <p><u>Activity 1</u>- Create Your Own Horoscope</p> <p><u>Activity 2</u>- Journal Entry- Hopes for the Fall</p> <p><u>Activity 3</u>- Summer Adventure Comic</p> <p><u>Activity 4</u>- Positive/Funny News</p> <p>***Read daily for 30 minutes***</p>	<p><b>Jeu de la semaine:</b> Voir le document "<a href="#">Toss Up!</a>"</p> <p><b>Activité de la semaine :</b> Voir le document "<a href="#">Les coordonnées - photo mystère</a>".</p>
<p><b>FILA – Grade 7 LFI and 7EFI</b></p> <p>Voir le document "<a href="#">7LFI et 7EFI</a>" - <i>Journal d'écriture</i></p> <p>Pratiquer les verbes sur le site web suivant: <a href="http://www.takatamuser.com/7-8-ans/jeu-conjugaison-verbes.html">http://www.takatamuser.com/7-8-ans/jeu-conjugaison-verbes.html</a></p>	<p><b>Problème de la semaine :</b> Peux-tu résoudre les casse-têtes dans le document "<a href="#">Math Semaine 9</a>"?</p>
Science	Social Studies
<p>Regarde le document <a href="#">Sciences Semaine 9 (ou la version en anglais)</a>.</p> <p>Il y a 4 activités à faire cette semaine!</p>	<p>During the late summer of 1963, Dr. Martin Luther King delivered one of the most famous speeches in modern times. He expressed his dream that all people might live in peace and fellowship. Watch and listen to "I Have a Dream". Read the text of the speech and listen to the audio as you read along. Write a letter to Dr. King to share your dreams with him, and report to him the progress of his dream for a better World for all people. Share, and discuss, your letter with friends, family members, or someone whose opinion you respect.</p> <p><a href="https://www.youtube.com/watch?v=6dKimoybmEo">https://www.youtube.com/watch?v=6dKimoybmEo</a></p> <p><a href="https://kinginstitute.stanford.edu/king-papers/documents/i-have-dream-address-delivered-march-washington-jobs-and-freedom">https://kinginstitute.stanford.edu/king-papers/documents/i-have-dream-address-delivered-march-washington-jobs-and-freedom</a></p>
Technology, Music, Art & Physical Education	
<p>Hey Raiders,</p> <p>For the final week we'll give you a challenge: We have presented to you how to become physically fit, eat healthy, understand soft skills needed to be successfully employed, what personal branding is about, impact music has had on generations/fashion/social movements during the different decades.</p> <p>Your project: What do you want to be in life and how are you going to get there?</p> <p>As always, stay calm, stress-free and keep everything in perspective. Have the best summer and vacation ever!</p> <p><b>PE Fitness plan:</b></p> <p>Review the <a href="#">FITT chart for muscular strength</a> and fill in your student activity sheet under the column Muscular strength. Please fill in your exercise log and continue training for the virtual 5km Rave Run for those of you that want to challenge yourself. Stay tuned, stay healthy and Raider Strong! See attachment for details.</p> <p>~ Mr. Vincent, Mr. Shiels, Ms. Barrett and Mme. Sawyer</p>	
Guidance	
<p>Some food for thought and reflection on this final week of learning: "<i>I believe that as humans, we are capable of self-growth, healing, and experiencing happiness. I believe that often the journey towards healing needs to begin with developing affect regulation skills (the ability to gain control over those strong emotions that come on like tidal waves and seem to hijack our rational brain).</i>" Susan Guttridge, BA MC CCC</p> <p>Have an amazing summer! Smile! – Mrs. Harrington.</p>	
<p><b>Teacher Office Hours are now 8:30 – 3:30 Monday to Friday. At this time, schools remain closed to the public.</b></p>	